

Hull Community and Voluntary Services



Hull CVS

'community and voluntary services'

Registered Charity No 514311, Company Limited by Guarantee No. 1570120

The Sir James Reckitt Charity and
The Hull & East Riding Charitable Trust

Bransholme Trust

and

Starter Grants

2010 - 2011

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1. Introduction

As ever, we aim to take the opportunity with the Bransholme Trust and the Starter Grants to provide information and guidance to local groups to help them learn about grant funding, and to encourage and enhance their compliance with the terms of their grants. To this end we have remained in regular contact with applicants advising them what to expect in terms of explaining the importance of returning all documentation as requested and offering help and support where needed. We have run a number of training courses for groups including Fundraising for Beginners, Fundraising from tin-rattling and Prove it – monitoring and evaluation techniques.

Thanks to donations from Sir James Reckitt Charity and the Hull and East Riding Charitable Trust and the Sir James Reckitt Charity, Hull CVS distributes small grants of up to £500 to support voluntary and community groups on Bransholme. In addition, thanks to further donations from the Sir James Reckitt Charity, Hull CVS distributes small grants up to £150 to help very new groups become established in their early days, and to support the smallest self help and support groups that would not manage to access grants from other sources.

In addition, we have continued to administer time restricted government funded grant programmes.

In 2009 Hull CVS managed the Governments Real Help for Communities: The Targeted Support Fund (locally) and awarded 18 grants totalling £471,874 to small, local third sector service providers in Hull who had experienced an increase in demands for their services as a result of the recession. Funded projects ran until March 2010 and focussed on Information, advice and guidance, Employment and employability and Health and wellbeing; evaluation on the impact of the Targeted Support Fund can be downloaded from the Hull CVS website at <http://hullcvs.co.uk/targeted-support-fund/>

Between October 2008 and March 2011 Hull CVS managed the governments Grassroots Grants Scheme which was created to build stronger and more active communities; Hull CVS was one of 86 local funders. Between October 2008 and March 2011 Hull CVS awarded 147 grants totalling £392,884 to community groups in the city of Hull. The evaluation on the impact of the Grassroots Grants Scheme is will be available from June 2011.

Currently, Hull CVS is also managing the Governments Active at 60 Community Agent small grants programme, locally. The national programme is the initiative of the Department for Work and Pensions and is aimed at helping people approaching retirement to stay or become more active. In March 2011 small grants of up to £3,000 were awarded to 18 local volunteer led groups and organisations whose members have made a commitment to give their time to become Active at 60 Community Agents.

Since November 2008, in addition to the grants awarded through the Bransholme Trust, Hull CVS has awarded a further 25 grants totalling £63,451 to voluntary and community sector groups on Bransholme.

2. Grants Promotion

The Bransholme Trust and the Starter Grants have been promoted via a range of mediums to capture a wide audience including a number of voluntary and community sector organisations and existing networks including poster / flyer distribution and e-networks.

We have kept in regular contact with those working at a grassroots level within the city; those involved in Community Development and Funding advice have assisted in the promotion of the grants programme.

We have continued to promote grants programmes through the Hull CVS E-news; an electronic newsletter, providing over 800 subscribers with up to date funding information, governance, and news of relevance and interest to community groups.

Over the last year our data collected has evidenced 38% of subscribers open the e-news (compared to 20% industry standard) and 43% of subscribers view further information relating to items of interest (compared to 12% industry standard).

E-Flyer Type	March 2010 No. of subscribers	March 2011 No. of subscribers
Governance and Funding	877	858
News and Information	627	692

The Governance and Funding e-flyer highlights an organisations eligibility to apply to a number of grants schemes (including the Bransholme Trust and Starter Grants), how much groups are able to apply for, the types of projects/activities that might be eligible to receive a grant, how long groups have to spend a grant, where groups can go for support in completing an application form, and a link to download the application pack and guidance notes.

All groups are encouraged to subscribe to the e-flyers to assist in their development and delivery of activities.

3. Income and Expenditure

For the Bransholme Trust and Starter Grants

Bransholme Trust

Income:	
Balance B/F 1st April 2010	£2960.64
Sir James Reckitt Charity	£5200.00
Hull & East Riding Charitable Trust	£1500.00
Total income	<u>£9660.64</u>
Expenditure:	
Grants awarded	£8401.00
Returned / Unpaid Grants	£ 750.00
Total expenditure	<u>£7651.00</u>
Balance C/F 31 st March 2011	<u><u>£2009.64</u></u>

Starter Grants

Income:	
Balance B/F 1st April 2010	£1269.17
Sir James Reckitt Charity	£2000.00
Total income	<u>£3269.17</u>
Expenditure:	
Grants awarded	£2513.29
Returned / Unpaid Grants 2010-11	£ 150.00
Total expenditure	<u>£2363.29</u>
Balance C/F 31 st March 2011	<u><u>£ 905.88</u></u>

4. Case Study – Starter Grants

Summary of Application from Bilton Community First Responders: What are Community First Responders

Community First Responders are volunteers trained in life saving techniques who provide immediate life-saving care to members of their local communities in an emergency medical situation, such as heart attack, breathing difficulties or a collapse, in the vital minutes before the ambulance arrives.

They are trained in Cardio Pulmonary Resuscitation (CPR) and the use of an Automatic External Defibrillator (AED) which delivers a controlled electric shock to restart the heart. First Responders also carry portable oxygen.

Community First Responders go on call in their own free time with a mobile phone which is linked to ambulance control computer system which processes 999 calls, they attend calls which are categorised CAT; calls which are deemed life threatening.

Community First Responders make a valuable contribution to their communities, particularly in the many rural and outlying areas across the county. It is known that in many medical emergencies the first few minutes are critical. If effective treatment can be performed within those first few minutes, lives can be saved and disability reduced. This is especially true for heart attacks and injuries that have caused someone to lose consciousness.

Group History

The group set up in April 2010 with one volunteer since this time they have increased in number to 9 volunteers who are fully trained. They come from a wide diversity of people ranging from heavy goods drivers, ex army medics and nurses.

How the grant was used:

The grant was used to pay for training resources, refreshments and to purchase promotional display boards which were put on view at various fetes and fairs promoting the work of the group and recruiting volunteers.

Achievements

The group has recruited 9 new volunteers who are all working well together as part of a team; they form a contact point for new volunteers.

Between April and December the Community Responders attended 55 callouts.

5. Progress

Bransholme Trust

We have seen a steady increase in the number of applications received to the Bransholme Trust; 21 applications were approved between April 2010-March 2011 (compared to 16 applications in the year ending March 2010, and 10 applications in the year ending March 2009). This has resulted in all of the grants allocation for 2010/11 being distributed and the under-spend from previous years reduced by £951.00. The next panel meeting is scheduled for Tuesday 14th June; so far we have already received one application.

The panel continues to meet three times a year, and currently comprises five local residents who bring a wealth of local knowledge, as well as first hand experience from their own involvement in community groups and as Bransholme Residents, to their deliberations.

Starter Grants

We have also seen a steady increase in the number of applications received to the Starter Grants; 17 applications were approved between April 2010-March 2011 (compared to 15 applications in the year ending March 2010 and 10 applications in the year ending March 2009). This has resulted in all of the grants allocation for 2010/11 being distributed and the under-spend from the previous years reduced by £363.

At the panel meeting held in April 2011 four grants were awarded totalling £600.00 and one application was deferred pending further information.

The panel continues to meet monthly. Applications for Starter Grants continued to be considered to be considered at Grassroots Grants panel meetings up until the final panel meeting in October 2010. Since November 2010 a new panel was formed to consider applications to Starter Grants; the panel consists of Hull CVS Chief Officer, Dave Rogers, Hull CVS Trustee, Honor Pallant and the Grants Officer, Jayne Robinson.

6. Grants Awarded 2010 – 2011

Bransholme Trust

During the period 1st April 2010 – 31st March 2011 twenty eight applications were received (compared to twenty three applications in the previous year). Twenty one grants were approved totaling £8401 (compared to eighteen grants totaling £6531.44 in the previous year).

Group name	Amount Awarded	Purpose of Award
Bude Road Allotments	£362.00	Application to purchase shed alarms, signage banding and third part liability insurance.
Bransholme Roebank Residents Association	£340.00	Application to take a group of local residents from sheltered housing on a trip to Skegness.
Bransholme Urban Ramblers	£220.00	Application to take a group of local residents on a trip to focus on healthy lifestyles and greater wellbeing.
Wayne Ferry Flying Club	£500.00	Application to purchase club equipment for group who have experienced an increase in membership
Rockford Rangers	£400.00	Application to purchase equipment and pay for travel and hire costs of football club
St Mary Queen of Martyrs	£350.00	Application to purchase equipment to provide gentle physical activities for over 50s group
Takeda Karate	£250.00	Application to pay for six months room hire
Takeda Karate	£250.00	Application to pay for six months room hire
Bransholme Indoor Bowling Club	£500.00	Application to pay for rental costs to enable local residents to participate in indoor green Bowling and social and community activities Linked with sport
Hull Isberg ARLFC	£500.00	Application to provide new sports equipment And sports coaches to enable young people to take part in Rugby
Friday Friends	£500.00	Application to pay for room hire to enable social group to take part in creative arts and

Bransholme Methodist Church Parent & Toddler Group	£200.00	crafts. Application to purchase new play equipment and to hold a Christmas party for group members, providing a safe environment to play, chat and become involved in local activities
Get Together Club	£490.00	Application to contribute towards rental costs and to take a members who are suffering the effects of a stroke (and their carers) on a trip to a local garden centre.
Dorchester Community Sports Initiative	£500.00	Application to provide goalposts and sports equipment to enable local children to take part in football
Friends of Highlands	£480.00	Application to run a jewellery making and soft craft course to enable members to learn new skills
Castle Hall Residents Social Club	£500.00	Application to enable residents to build raised beds and become involved in gentle gardening within the communal area of their sheltered housing complex
Bude Parents and Community Group	£449.00	Application to run two activities - provide arts materials for workshop, and to purchase essential resources for allotments project to "grow, cook and eat" to enhance the life of local residents.
Bransholme Urban Ramblers	£180.00	Application to take a group of local residents on a trip to Leeds German Market
Act 1	£480.00	Application to deliver a dance and drama performance to members of the local community.
Winifred parents Group	£500.00	Application to deliver two family learning days during 2011 with the aim of increasing group membership and participation in family learning
Bransholme Roebank Residnets Association	£450.00	Application to run a trip to Skegness for local residents

Starter Grants

During the period 1st April 2010 – 31st March 2011 eighteen applications were received (compared to fifteen applications in the previous year). Seventeen grants were approved totaling £2513.29 (compared to fifteen grants totaling £2236.00 in the previous year).

Group name	Amount Awarded	Purpose of Award
Bilton First Responders	£150.00	Application to establish a group to respond to emergency calls in east Hull.
Wold Road Keep Fit Group	£150.00	Application to establish an exercise group for those aged 50+ years.
Aldris Support Group	£150.00	Application to raise the profile and awareness of hormone problems.
Chattercraft	£150.00	Application to set up a card and craft group in Bilton Grange
Hull Disabled Drivers Affiliated to Mobilise	£120.00	Application to assist with mobility advice on disabled vehicles and scooters.
Bilton Grove Allotments	£143.90	Application to set up allotments group.
Estcourt Dads Group	£150.00	Application to establish a newsletter to encourage members.
Spectrum Social Group	£150.00	Application to establish a support group for Autistic adults.
Hull & ER Kenyan Assn	£150.00	Application to promote health and well-being via cultural events to promote diversity; a grant will be used to provide a meeting space to enable members to map out future aspirations of the group.
Victory Social Care Enterprise	£150.00	Application to support independent living of disabled adults.

Over 55s Friendship Club	£150.00	Application to bring together older people in the local community, to meet together and provide members with opportunities to socialise and make new friends.
Y-Us	£150.00	Application to provide help and support to families in Hull suffering the damaging effects of drug addiction.
Bransholme Chair Exercise Group	£149.50	Application to run taster sessions to gauge local interest in establishing a group to provide opportunities for disabled people to participate in gentle exercise to music.
Gvants	£150.00	Application to deliver multicultural activities to raise awareness and social cohesion across the city.
Needlers Way Residents Assn	£150.00	Application to assist the group in becoming independent and to encourage a diverse community to mix and become friends.
Friends of Furness Close	£149.89	Application to provide start up costs to enable group to organize family activities in the local area.
Carers Unite	£150.00	Application to provide start up costs to Provide mutual support and assistance to enhance knowledge and understanding of caring via talks and demonstrations.

7. Bransholme Trust and Starter Grants 2009 – 2010

Groups are required to complete a two page follow up report one year after receiving their grant, which asks them how they spent their grant and about the difference the grant has made.

We do place a good deal of importance on the follow up report. Our aim is that the Bransholme Trust and Starter Grants provide a first step for many smaller groups. These grants give them an opportunity not only to acquire a small sum of money but also the opportunity to begin to learn how grant funding works, and what to expect from other larger funders.

Complying with the terms of Bransholme Trust and Starter Grants enables groups to demonstrate that they can manage a grant and comply with its terms, all of which will help them if and when they go on to apply for funding from other grant giving organisations.

Upon an award being made, groups are required to sign a basic agreement with CVS setting out what the grant may be used for and telling them that they must inform us of any changes, such as changes to the contact person responsible for the grant, and that they will be required to report on the grant after a year. Before any grant payment is made we also verify the identity of the key committee members (usually the Chair, Secretary and Treasurer). At the time the grant is awarded we also send a leaflet outlining the paperwork that groups can expect to receive and offering assistance with anything that they might struggle with.

A year after the grant is made, we send the groups a very basic two page form, and invite them to supply any other evidence they might have including photos, or letters or reports to show what they have achieved. We stress that this is not only a requirement showing that the group is able to comply with the terms of a grant, but an opportunity for the group to showcase their achievements.

All the groups who had not responded by the deadline were sent a reminder, and the offer of help to any that might struggle to report on their grant.

The tables that follow show the grants recipients who have completed their end of grant reports, followed by their comments:

***Bransholme Trust Grants Awarded 2009-2010
Follow up Reports Returned***

Group name	Amount Awarded	Purpose of Award
Dales Lodge Tenants Association	£300.00	Application to purchase bingo prizes
Northcarr Conversation Group	£500.00	Application to pay for publicity costs and room hire
Bransholme Tigers	£351.79	Application to purchase mats and protective equipment for members to train safely and compete in sparring competitions
Winifred Parents Group	£500.00	Application to run family cookery and Jewelry making sessions
Get Together Club	£350.00	Application to pay for six months rental Costs and to hold a Christmas party
Bude Road Allotments	£500.00	Application to pay for on-site signage And security measures
Castle Hall Social Committee	£500.00	Application to purchase a Nintendo Wii for group members to increase physical Exercise
Goodhart Beats	£287.00	Application to provide fitness equipment Including skipping ropes and play chute
Friends of Bude Park	£437.00	Application to hold a community fun day
Bransholme Roebank Residents Association	£435.00	Application to run a trip to Skegness

The groups made the following comments about their grant:

What were you able to do because of your Bransholme Trust Grant?

“We were able to provide the resources needed to keep our members engaged in activities”.

“We were able to publicise the nature reserve and also work in partnerships with Bransholme Enterprises and Foredyke Green to promote activities in the area”.

“We were able to purchase mats and other equipment to enable students to safely train and compete in sparring competitions”.

“We were able to establish a martial arts class”.

“We were able to run family cookery sessions including Christmas cakes”.

“We were able to run jewellery making sessions to sell at the Christmas fayre”.

“We were able to purchase vital equipment and develop a fitness group which enabled us to hold more varied and enjoyable activities and increase membership”.

“We were able to establish a weekly Wii fitness group in the community lounge. There is always a member of the Committee available to give help and guidance if necessary”.

“We were able to take a group of local residents to the seaside many of who were pensioners, on low incomes”.

“We were able to purchase fun things to engage families in a day of entertainment including crafts, prizes and music”.



What difference has your Bransholme Trust Grant made to the people of Bransholme?

"More local residents are using the nature reserve; including ramblers associations, joggers and dog walkers. The grant has meant that local people are more aware of flora. The provision of equipment has meant that we look much more professional and attractive to members both new and existing".

"The grant has enabled us to continue to provide a safe and friendly environment for local children to learn karate, increase self confidence and discipline - we have some children who are autistic and benefit from the structure provided within our group activities. Over the last year we have also supported the wider community through bag-packs at local supermarkets to raise funds for children's charities and Help for Heroes. Providing activities has given young people somewhere to go on an evening and kept them off the streets; engaging in Karate has given them something worthwhile to get involved in".

"The grant enabled our members to enjoy an evening of entertainment by a vocalist; those who were able bodied were able to dance. Everyone enjoyed each others company".

"The grant enabled us to recruit new people to the group and develop new friendships."

"The grant encouraged parents to cook with their children; many parents said that they had never cooked with their children before. Those parents who made Christmas cakes were very proud of their achievements".

"The allotment site is almost fully occupied and there are now plans in place to expand the site further to accommodate more residents to grow their own".

"The grant enabled us to take part in physical and mentally stimulating activities for all our members who enjoy a game or two in the community lounge. The grant has helped to bring together people of all abilities to enjoy the fun and stimulation of the Nintendo Wii."

"Over the last six months we have seen a marked increase in membership. The grant has enabled us to provide a wider range of exercises for our members, which has made our activities more varied and interesting. All the members are involved in the decision making process with regard to the types of activities which we run."

"The grant enabled us provide local families with a day of entertainment; feedback from parents and children was very positive everyone enjoyed themselves."

***Starter Grants Awarded 2009-2010
Follow up Reports Returned***

Group name	Amount Awarded	Purpose of Award
Friends of Bude Park	£150.00	Grant to pay for room hire and set up costs.
Goodhart Beats	£150.00	Grant to pay for room hire.
Denaby Court Ten. & Res. Assn.	£150.00	Grant to pay for room hire, printing and postage costs.
Healthy Friends	£150.00	Grant to pay for room hire, advertising and postage to help establish group.
Sober	£150.00	Grant to pay for room hire for self help group with alcohol problems.
St Thomas Fitness and Exercise	£150.00	Grant to assist the over 60's in gentle exercise and fitness.
Expert Unite Support Group	£150.00	Grant to establish a support group for people with long term health conditions.

The groups made the following comments about their grant:

What were you able to do because of your Starter Grant?

“We were able to hold regular meetings, recruit new members and support the Bransholme Carnival and a Fit For Fun Day”.

“We were able to meet weekly and pay for a fitness instructor”.

“We were able to pay for room hire, printing and postage costs. The grant enabled us to hold monthly meetings and print flyers and minutes of meetings”.

“We were able to establish an independent healthy eating and exercise class for members to improve their health”.

“We were able to run a fitness and exercise class”.

“We were able to recruit and train seven volunteers to help run our group”.

What difference has your Starter Grant made to the people your group helps?

“The grant gave the committee and group members encouragement Move forward; to create a group logo and produce publicity material”.

“The grant enabled the group to keep running; this has been good for the members. More ladies have joined the group; we are hoping the numbers will continue to increase”.

“The grant provided us with a regular meeting place; our members are getting to know one another better”.

“The grant provided us with a place to meet and provided us with Vital equipment until we were in a position to collect subscriptions and seek further funding. The grant has given people in the community the chance to seek support to live healthier lifestyles”.

“The grant has made a big difference to people's lives as they begin to come to terms with their family problems and the wider impact of alcohol abuse”.

“The grant gave us security while our group was becoming established”.

“The grant has made all our volunteers feel part of a team. We have a safe warm area to train which also acts as a contact point for new volunteers”.

“Our group was formed from the NHS Why Weight 10 week healthy eating programme. The grant enabled us to establish as an independent group, we have attracted new members and taken part in cookery demonstrations and exercise classes. Initially we were holding our meetings fortnightly but now we are meeting weekly.

Any other Comments

“On behalf of our members we would like to thank you for your generosity”.

“We would like to thank you for the grant which has kept us going”.

“The Committee now feel more confident”.

8. Numbers of Beneficiaries in 2009- 2010

Bransholme Trust

The minimum number of beneficiaries was 14; the maximum was 500, a total of 1056 people benefited from awards from the Bransholme Trust (compared to 745 beneficiaries in the year ending March 2009 and 444 beneficiaries in the year ending March 2008).

Starter grants

The minimum number of beneficiaries was 16; the maximum was 120 a total of 351 people benefited from awards from the Starter Grants (compared to 1692 beneficiaries in the year ending March 2009 and 1125 beneficiaries in the year ending March 2008).

9. General Points

Within the Services Team we are able to offer much more than a grant. Often issues that arise from the groups' applications can be addressed by offering support and assistance from CVS Staff, including funding assistance and advice, and a range of guidance and support including organisational health checks, developmental support, signposting, training and governance support. These are often the first steps in the further development of some very small groups.

Although the awards from the Bransholme Trust and Starter Grants are relatively small, the difference that they make is enormous to the lives of the people involved in the groups that receive funding, offering continuity to the groups that rely on grant funding.

27th April 2011